



# Newsletter

One Heart Christian Foundation



May-  
December  
2015

STILLE RUS, RUST, MALMESBURY, SOUTH AFRICA, 7300 NPC NR 2014/121860/08

## USA Family bless Rust Stasie Primary School with loads of sport equipment

The Turner Family and NPO Love to Langa from the USA blessed the children from Rust Stasie Primary School in May with sporting equipment. The donation included soccer goal posts, portable tennis net, tennis raquets, tennis balls, netball goal nets, netball bibs, netball balls, cricket wickets, cricket bats, cricket balls, finger boards and something sweet for the day.

One Heart's intern and volunteer at the time helped the children become aquanted with the sproting equipment and how to handle and use it.

Jente, our volunteer from Holland taught them tennis during break time for the duration of her stay.



## Volunteer teaches 80+ pupils to play chess

Jente Ellenkamp, an 18 year old volunteer from Holland, taught more than 80 pupils from Rust Stasie Primary how to play chess and not just teach them, but also held a chess tournament for them. On the picture are the 3 winners, youngest being the overall winner of the competition. One Heart Christian Clothing donated the winning gifts and each winner received a t-shirt from the One Heart range.



Please visit the website on [www.oneheartchristianclothing.co.za](http://www.oneheartchristianclothing.co.za).

One Heart is 100% for giving international volunteers an educational and fun experience while making a huge difference in the lives of underprivileged children. What you sign up for, is what you get and more!

Currently we offer the "home away from home" package where the volunteer stays with the founding members and becomes part of the family and the "heart" of One Heart.

We never let anyone leave One Heart without teaching them something very traditional to South Africa like making milk tart or jam from the season's harvest!

## International Volunteer Program



The plan for 2016 is to make more room for volunteers that would like to choose the new "self-catering" package.

The self-catering accommodation will still be on the premises of the

founding members, but with a more independent stay with the option of getting together at the main house for supper and catch up on the day's activities.

FOR MORE INFORMATION

Contact Selene Basson

[www.oneheartcf.org](http://www.oneheartcf.org)

072 152 8030

[info@oneheartcf.org](mailto:info@oneheartcf.org)

# Good Bye

Jente Ellekamp!

Thank you for being such an awesome volunteer. We enjoyed your stay of 4 months and appreciate your help. We wish you all the best in your studies to become a great teacher!



*One Heart Christian Foundation is a great organisation to do work with. The family you stay with is great! You feel so welcome! And everything is organised. And you can do extra projects. For example, there's always more to do when it's a special holiday. The organisation is very flexible and they will help you in any way they can! It's just so comfortable to work with them. There is always a possibility to discuss whatever needs to be talked about and there are never any problems. They will make sure you have a bed and food and a really good time! I think it's a good thing you live with the person who runs the organisation because it's much closer to you and you know what's going on and what's happening. And it's nice that you can talk about it. It's an organisation that just started but it's already so good and trustworthy! And that's very nice to see. One Heart Christian Foundation is an organisation you can depend on!*

*Love Jente*

## Heritage Day



### Donate a Tree!

25 September 2015 was SA's Heritage Day, also known in SA as National Braai (BBQ) Day, One Heart held a fundraiser at The Ox and Wagon Pub and Grill.



The fundraiser was for trees and fertilizer to plant at One Heart's future camp ground. The ground is there, and just need to be landscaped before the camp facility will be constructed for educational youth and women's camps.

One Heart fund-raised enough money to buy the 25 trees and fertilizer they need for the ground.

The Ox and Wagon donated part of the Heritage Braai Day lunch towards the fundraiser –



Some people donated trees, while others bought t-shirts of the One Heart range and others bought books and of the jams and preserves that One Heart produces from their harvests.



**Warm Welcome to our newest director!**

♥ Sherry Harmsen ♥



## MULTI PURPOSE YOUTH CENTRE

The children of Rust Stasie and surrounding farms have no place where they can play, learn or just have a good time after school.

One Heart wants to create a Youth Centre where the children can come on a Friday afternoon and Saturday to be safe from family abuse –that is directly connected with alcohol abuse- and just have fun and receive a meal to eat.

Our plan is to have games night on Fridays and Saturdays do creative, fun workshops with them – here we will need a lot of help from volunteers.

We have an existing building that we want to renovate into a Multi-Purpose Youth Centre including the following: Youth Centre, ECD, Resource Centre, Counselling Room, Office, Caretaker flat and volunteer accommodation, Seconds with love – donated goods –shop and a One Heart Shop where we sell the products of our harvests. The volunteer accommodation and all profits from the shop/s will go into the running of the Centre and forms part of the Centre’s sustainability.



The Harmsen Family donated Christmas gifts to the One Heart Youth Group of 2015.



Thank You!!!



Sherry Harmsen is a devoted mature Christian with high morals in doing business ethically.

Her vision is in line with the rest of the One Heart Board of Directors and that is that our mission is for God to be our vision.

Sherry has build up relationships with some of the teenage girls of Rust Stasie while counselling at the school camp.

Her heart is for underprivileged and abused youth and women and she has a passion for marketing that what she believes in.

Welcome Sherry!



The foundation needs help to renovate this building into a

**Multi-Purpose Youth and Educational Facility**



The vision is to renovate the “3 flat” building.

- 1) The 1 flat will be divided into 2 x 1-bedroom flats. One flat will be for the caretaker of the building and the other will be for volunteer accommodation for up to 4 volunteers.
- 2) The second flat will be renovated for the ECD and resource centre and Shop.
- 3) And the third flat for the counselling room, youth centre and game equipment store room.



**Please contact Selene Basson if any donors want to be part of this life changing project for the children of the middle Swartland area.**

**THE PROJECT CAN BE TREATED AS A WHOLE OR DIVIDED INTO PARTS AS YOU FEEL YOU WANT TO GET INVOLVED.**

**We need all the help we can get please.**

{special}  
**THANKS**  
to our sponsors

**AND DONORS OF 2015!**



May the Lord bless you and protect you.

May the Lord smile on you and be gracious to you.

May the Lord show you his favor and give you his peace.

Numbers 6:24-26